



Closet Decluttering for Women: Top Ten Tips

All women deserve happy closets. Happy closets don't make us feel bad about our bodies and are easier to navigate and maintain. Good rule: If you buy something new, donate something!

Closet Basics:

- Categorize by type: short sleeve, long sleeve, pants, skirts, blazers, evening wear, etc.
- Don't think summer or winter, think basics. Switch only a few items meant for only one season.
- Use good hangers that match.

1. Purge your wardrobe

- At the end of winter and summer
- If it's worn, faded, "pilly", or out of style, throw it away.

2. Donate unused (but stylish) clothing if you didn't wear it that season

- If it still has the tag on it and you haven't worn it in two years, donate it or give it away.
- Look for women career donation centers.

3. Concentrate on your current size

- If you don't feel comfortable in your clothes, don't keep them.
- Buy new clothes when you lose weight.
- Small sizes make you feel bad.

4. Sweat pants & T-shirts

- Keep the nicest and most memorable ones.
- Don't use them as pajamas, buy real pajamas.

5. Underwear and lingerie

- Replace stretched out or stained lingerie
- Get a bra fitting!

6. Pantyhose

- Keep different colors of hosiery in separate plastic bags.
- It takes less time to find them and they don't snag.

7. Jewelry

- Fine jewelry is always in style, wear it often and not just in the evening.
- Costume jewelry goes in and out of style, so purge often.
- Narrow your jewelry down to a manageable amount by handing some down to relatives, donate it or sell it.

8. Belts

- Purge belts that don't fit and donate those still in style.
- If you've lost weight, get a new hole punched in the belt!

9. Scarves

- Store flat in zipper bags with air pressed out. Takes up less room.
- Try new ways to use them (e.g. tie onto a purse).
- Donate the ones you don't use.

10. Shoes

- Repair/replace heels on good shoes.
- Put dryer sheets in shoes.
- Store shoes without boxes, takes less room.
- Replace sneakers often, arches break down.

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