



# Closet Decluttering for Women: Top Ten Tips

All women deserve happy closets. Happy closets don't make us feel bad about our bodies and are easier to navigate and maintain. Good rule: If you buy something new, donate something!

## Closet Basics:

- Sort items from drawers and dressers and closets separately – one piece of furniture at a time.
  - Categorize by type: short sleeve, long sleeve, pants, skirts, blazers, evening wear, etc.
  - Don't think summer or winter, think basics. Switch only a few items meant for only one season.
  - Think quality over quantity.
1. Purge your wardrobe
    - At the end of winter and summer
    - If it's worn, faded, "pilly", or out of style, donate it.
  2. Donate unused clothing.
    - If it still has the tag on it and you haven't worn it in two years, donate it or give it away.
    - Look for women career donation centers.
  3. Concentrate on your current size
    - If you don't feel comfortable in your clothes, don't keep them.
    - Buy new clothes when you lose weight.
    - Small sizes make you feel bad.
  4. Sweat pants, t-shirts, work-out clothing
    - Keep the nicest and most memorable ones t-shirt. Don't use them as pajamas, buy real pajamas.
    - Wear sweatpants for women. Eliminate stretched out or uncomfortable pieces.
  5. Underwear and lingerie
    - Replace stretched out or stained lingerie
    - Get a bra fitting!
    - Keep different colors of pantyhose, leggings, or tights in separate clear zipper bags.
  6. Jewelry
    - Fine jewelry is always in style, wear it often and not just in the evening.
    - Costume jewelry goes in and out of style, so purge often.
    - Narrow your jewelry down to a manageable amount by handing some down to relatives, donate it or sell it.
  7. Belts
    - Purge belts that don't fit and donate those still in style.
    - If you've lost weight, get a new hole punched in the belt!
  8. Scarves
    - Store flat in zipper bags with air pressed out. Takes up less room.
    - Try new ways to use them (e.g. tie onto a purse).
    - Donate the ones you don't use.
  9. Shoes
    - Repair/replace heels on good shoes.
    - Put dryer sheets in shoes.
    - Store shoes without boxes, takes less room.
    - Replace sneakers often, arches break down.
  10. Finishing touches
    - Two types of hangers: fuzzy for sweaters and sleeveless tops and smooth hangers for items you want to pull off and go.
    - Categorize by color: Think Roy G. Biv (an acronym for the seven colors of the rainbow)

5/12

Provided by **Vali G. Heist**,  
Certified Professional Organizer®  
www.thecluttercrew.com • 610-914-3483  
vali@thecluttercrew.com